



## Downlands College 2019 Sports Information 9-12 years age group

Dear Parents and Cares,

Outlined below are the sporting opportunities available to students aged 9-12, both boys and girls, at Downlands in 2019. These sporting opportunities vary from representative trials, inter-house competitions, inter-school competitions, to playing for Downlands in local club sporting competitions.

<b>Inter-house Competitions</b>		
Swimming	Friday 1 February	
Cross Country	Monday 1 April	
Athletics	Monday 20 May	

<b>Inter-school Competitions</b>		
Catholic Schools Swimming	Thursday 14 Feb	Team selected to compete
QCIS Swimming	Monday 11 Mar	Team selected to compete
QCIS Cross Country	Friday 17 May	Team selected to compete
Catholic Schools Athletics	Friday 24 May	Team selected to compete
QCIS Athletics	Monday 12 Aug	Team selected to compete

<b>Toowoomba Primary and Darling Downs rep trials</b>		
<b>Sport</b>	<b>Toowoomba Trial</b>	<b>DD Trial</b>
AFL	Tuesday 5 March	Monday 18 March
Basketball Boys	Thursday 7 March	Monday 1 April
Basketball Girls	Monday 11 March	Monday 1 April
Cricket Boys	Monday 19 August	September 1 and 2
Cricket Girls	Wednesday 21 Aug	Monday September 2
Hockey	Wednesday 24 April	Monday 29 April
Netball – 11 years	Tuesday 12 March	Monday 29 April
Netball – 12 years	Tuesday 12 March	Monday 29 April
Rugby League Boys	3 and 4 March	April 28 and 29
Rugby League Girls	Tuesday 11 June	Wednesday 24 July
Rugby Union	Wednesday 8 May	June 9 and 10
Soccer Boys	Wednesday 1 May	May 19 and 20
Soccer Girls	Wednesday 1 May	Monday 20 May
Softball (G and B)	Thursday 28 February	Monday 1 April
Tennis	Wednesday 26 April	Monday 27 May
Touch (G and B)	Monday 25 February	Monday 18 March
Zone Athletics	Monday 3 June	Tuesday 18 June
Zone Cross Country	Friday 3 May	Tuesday 21 May
Zone Swimming	Monday 11 February	Wednesday 6 March

<b>Team Sport available</b>		
Basketball	Term 4	
Touch football	Terms 4 and 1	
Netball	Terms 1, 2 and 3	Trials take place in February
Rugby union	Terms 2 and 3	Just for 12 yr olds in year 7.
Cricket	Terms 4 and 1	

## **Information Notes**

### ***Representative Sport –***

- For Zone athletics, swimming and cross country a team will be chosen to represent Downlands from students' performances in HPE classes and inter-house carnivals.
- Students wishing to nominate for individual sporting trials (cricket for example) need to be of a high standard to attend **and aged 11 or 12**. If a student's ability is unclear, a short internal trial at Downlands may have to take place to ascertain the students level of performance. There is a duty of care for all schools to only nominate students of a high standard.
- Toowoomba sporting trials take place in the afternoon, not during school time.
- Darling Downs trials are normally all day events starting at approximately 9.00am and at times take place outside of Toowoomba.
- Transport for Day Students will have to be provided by parents to attend trials. Transport for Boarders will be arranged.

### ***Inter-school Sport –***

- For QCIS athletics, swimming and cross country a team will be chosen to represent Downlands from students' performances in HPE classes and inter-house carnivals.
- Likewise, the team for Catholic Schools swimming and athletics will be chosen to represent Downlands from students' performances in HPE classes and inter-house carnivals. Catholic Schools primary events can only include students in years 5 and 6, not year 7 students who are 12 years of age.

### ***Inter-house Sport –***

- Students will be allocated into one of four houses; Jouet, Piperon, Treand or Vandel.
- No nominations for cross country. During HPE class students will be nominated for events in preparation for swimming and athletics carnivals.

### ***Club Sport –***

- Students aged 10 and above can play basketball, cricket, netball and touch for Downlands, if enough numbers are available to make teams. Trials for netball take place in the first 3 weeks of Term 1. Trials for touch take place towards the end of Term 3. Basketball at the start of Term 4.
- Boys aged 12 and above can play rugby union for Downlands as part of the u/13 age group if they feel competent to play an age group up.

### ***Swimming, Cross Country and Athletics training –***

Through the year training is offered for these 3 sports during seasons.

Swimming – Term 1 Monday, Wednesday and Friday mornings starting at 6.00am in the Downlands pool. Students may attend boarders breakfast at no cost after training.

Cross country – Distance running training starts Term 1; Monday, Wednesday and Friday mornings starting at 6.00am, meet on the Main Oval.

Athletics – Will be announced in term 3.

***Paperwork to complete –***

Parents please fill out and return the following 2 pages of this document if you would like your daughter or son to attend any representative trials this year. Completing the forms is only an indication to attend and gives me a guide of numbers to nominate. Reminder students need to be of a reasonably high standard to attend and maybe even have played rep sport in previous years. Completing the medial form as well means a huge reduction in forms to complete as the year goes on, I will use it for a variety of sporting activities.

Forms should be returned by Wednesday 6 February 2019 – either hard copy or scanned and emailed.

Any questions or concerns please contact me,  
[converg@downlands.qld.edu.au](mailto:converg@downlands.qld.edu.au)  
0474 241 315

Yours in Sport,  
Mr Greg Convery, Head of Sport

### **Representative Sport Nomination Sheet**

In the table below please list the sports your daughter or son would like to nominate for in 2019.

Student Name; \_\_\_\_\_

Student D.O.B; \_\_\_\_\_

Students PC teacher; \_\_\_\_\_

Parents name and contact number; \_\_\_\_\_

Sport	Position, years of playing	Previous rep experience
e.g. – Touch	Link, played 4 years	Toowoomba Twisters last year

Please return this form and the medical form on the next page to your child's PC teacher in hard copy or electronic form to Mr Convery: [converg@downlands.qld.edu.au](mailto:converg@downlands.qld.edu.au)  
Please return forms by Wednesday 6 February 2019.

## STUDENT DETAILS / MEDICAL HISTORY & AUTHORISATION FORM

PLAYER DETAILS			
Surname		Given Name	
Date of Birth		School Year Level	
Home Address			Postcode
Home Telephone		Mobile Telephone	
Home Email Address			
School attended			
PARENT / GUARDIAN / CARER (1)			
Surname		Given Name	
Business Telephone		Mobile Telephone	
PARENT / GUARDIAN / CARER (2)			
Surname		Given Name	
Business Telephone		Mobile Telephone	
ANY RELEVANT FAMILY HISTORY			

STUDENT MEDICAL DETAILS			
Do you get asthma?	YES	<input type="checkbox"/>	No
Do you suffer from any allergies or Anaphylactic reactions?	YES	<input type="checkbox"/>	No
If "Yes" to <u>any</u> of the above, attach your Action Plan and list Medications taken (name, amount, frequency, etc).			
Are you currently being treated by a medical practitioner?	YES	<input type="checkbox"/>	No
If "Yes", write details and also list current medication (s), frequency, etc.			
Do you have an injury or condition which is likely to be aggravated by competition?	YES	<input type="checkbox"/>	No
If "Yes", write details:			
<b>Medicare Card Number:</b>			<b>POSITION NUMBER:</b>
Cardholder name (if not in name of student):			
Do you have Private Health Insurance? (OPTIONAL)	YES	NO	MEMBERSHIP NUMBER:
Name of Private Health Insurer (if covered):			
<b>Please list any other relevant medical history or additional support needs.</b>			

**NOTE:**  
It is the parents'/carers' responsibility to ensure that the student is adequately covered for medical, hospital, dental and personal accident and injury insurance. The Darling Downs Region School Sport office will not accept financial liability for such expenses if they should arise. Where supervision of administering of medication is required while the student is away from home, parents will need to document details in separate correspondence to the team management.

**MEDICAL AUTHORISATION**  
I hereby authorise the obtaining on my behalf of such medical assistance as my son/daughter may require in the event of accident or illness and guarantee to meet any costs incurred.

I authorise the administering of anaesthetic if this is deemed necessary by the medical officer attending.

Signed: \_\_\_\_\_  
Parent/Caregiver

Date: \_\_\_\_\_

The Darling Downs Region School Sport Office, as an operational unit of the Department of Education and Training, is collecting the information on this form in accordance with the Information Privacy Act 2009 in order to share this medical history with medical professionals in the event of an accident or illness. The information will only be accessed by persons authorised by the Darling Downs Region School Sport Office, including appointed team officials. The information provided will not be used or disclosed to any other person or agency unless either you have given permission, it is required by law or in the interests of student health and welfare.